



Saturday March 16, 2019

The Welcome Center

342 – 2nd Street, Portsmouth, Ohio 45662

Race Day Schedule

7:00 a.m. – Registration for 5K (packet pick-up)

7:55 a.m. – Final Instructions (at starting line)

8:00 a.m. All events Begin

9:00 a.m. – Awards Ceremony

Entry fees

Paid by February 28th

\$25 each individual

\$20 each for teams registering in groups of 5 or more

(Members must register at the same time)

Paid on or after March 1st

\$30 each individual

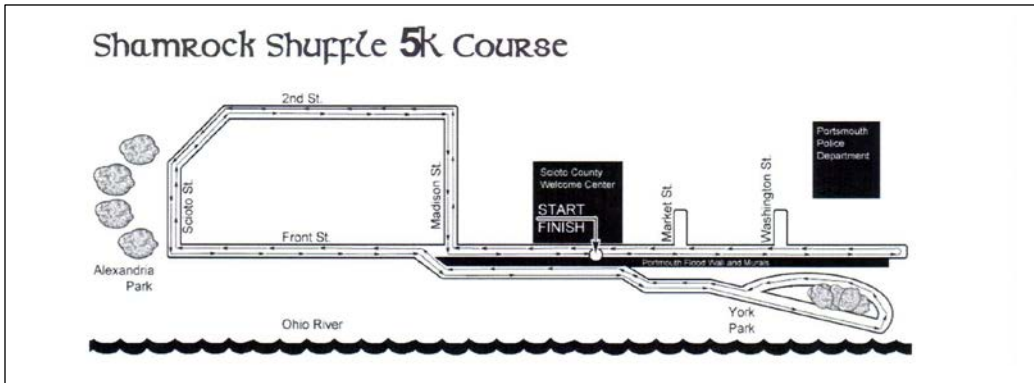
Age Divisions

14 & younger	40-49
15-19	50-59
20-29	60 & older
30-39	

Award Presentation

Immediately following the races... Awards will be given to the top male and female finishers in each age division.

Awards will also be given to the male and female with the overall fastest time in the 5K.



The course is 3.1 miles of flat terrain, going through downtown and historic Boneyfiddle District of Portsmouth, Ohio. The course and turns will be marked and volunteers will be at various places along the way to assist.

Registration

Complete the Entry Form below or register online at www.cao5k.org

Team Name _____

Name _____ Age _____ Male _____ Female _____

Street _____ City _____ State _____ Zip _____

Cell phone _____ E-mail _____

(Race completion time sent via text message)

T-Shirt Size (please circle) XS Sm Med Lg X-Lg XX-Lg XXX-Lg

Return Entry Form to: CAO Backpack Program, P.O. Box 1525, Portsmouth, Ohio 45662

For additional information, contact Pat Oliver at 740-354-7541 or poliver@caosciotocounty.org

All proceeds will benefit the backpack Program, a service provided by CAO of Scioto County

